



**CYNGOR BWRDEISTREF SIROL**  
**RHONDDA CYNON TAF**  
**COUNTY BOROUGH COUNCIL**

**COMMITTEE SUMMONS**

C.Hanagan  
Service Director of Democratic Services & Communication  
Rhondda Cynon Taf County Borough Council  
The Pavilions  
Cambrian Park  
Clydach Vale CF40 2XX

Meeting Contact: Claire Hendy - Senior Democratic Services Officer (07385401935)

**YOU ARE SUMMONED** to a meeting of **CHILDREN AND YOUNG PEOPLE SCRUTINY COMMITTEE** to be held on **WEDNESDAY, 3RD MARCH, 2021** at **5.00 PM**.

Non Committee Members and Members of the public may request the facility to address the Committee at their meetings on the business listed although facilitation of this request is at the discretion of the Chair. It is kindly asked that such notification is made to Democratic Services by Monday, 1 March 2021 on the contact details listed above, including stipulating whether the address will be in Welsh or English.

**AGENDA**

**Page  
No's**

**1. DECLARATION OF INTEREST**

To receive disclosures of personal interest from Members in accordance with the Code of Conduct

Note:

1. Members are requested to identify the item number and subject matter that their interest relates to and signify the nature of the personal interest: and
2. Where Members withdraw from a meeting as a consequence of the disclosure of a prejudicial interest they must notify the Chairman when they leave.

## **REPORT OF THE GROUP DIRECTOR, COMMUNITY & CHILDREN'S SERVICES**

### **2. CWM TAF MORGANNWG CHILD AND ADOLESCENT MENTAL HEALTH SERVICE(CAMHS) UPDATE**

To receive a presentation updating Members on the Child and Adolescent Mental Health Service (CAMHS) in Rhondda Cynon Taf.

3 - 14

### **3. CHAIR'S REVIEW AND CLOSE**

To reflect on the meeting and actions to be taken forward.

### **4. URGENT BUSINESS**

To consider any items, which the Chairman, by reason of special circumstances, is of the opinion should be considered at the meeting as a matter of urgency

## **Service Director of Democratic Services & Communication**

### **Circulation:-**

The Chair and Vice-Chair of the Children and Young People Scrutiny Committee (County Borough Councillor S. Rees-Owen and County Borough Councillor J Edwards respectively)

### **County Borough Councillors:**

Councillor S Evans, Councillor J Brencher, Councillor H Fychan, Councillor A Calvert, Councillor S Powell, Councillor M Powell, Councillor M Griffiths, Councillor D Owen-Jones, Councillor S Morgans, Councillor G Stacey, Councillor L De Vet and Councillor L Walker

### **Co-Opted Members:-**

Mr M Cleverley  
Mr J Fish, Voting Elected Parent / Governor Representative  
Ms A Jones, Representing UNITE  
Mr C Jones, Representing GMB  
Mrs C Jones, Representing the National Union of Teachers and Teachers' Panel  
Mr D Price, Representing UNISON  
Mr A Rickett, Voting Diocesan Authorities' Representative  
Mrs R Nicholls, Voting Elected Parent / Governor Representative  
Mr L Patterson, Voting Elected Parent / Governor Representative



**RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL**

**CHILDREN & YOUNG PEOPLE SCRUTINY COMMITTEE 13.01.21**

**REPORT OF THE GROUP DIRECTOR OF  
COMMUNITY AND CHILDREN'S SERVICES**

## ***Cwm Taf Morgannwg CAMHS Update 2020/2021***

### **1. PURPOSE OF THE REPORT**

- 1.1 The purpose of this report is to provide Information to the Children and Young People Scrutiny Committee about the work carried out by Cwm Taf Morgannwg Child and Adolescent Mental Health (CAMHS) in transforming the children and young people's mental health care across the County Borough.

### **2. RECOMMENDATIONS**

It is recommended that Members:

- (i) Consider the contents of the presentation
- (ii) Review and comment on the work carried out by Cwm Taf Morgannwg (CAMHS) in the community and schools
- (iii) Acknowledge the challenges faced by young people who need CAMHS services and the adjustments made by the service throughout the Covid-19 Pandemic

### **3. BACKGROUND**

**3.1** The purpose of this presentation is to inform the Children and Young People's Scrutiny Committee about the work that has been carried out by the Cwm Taf Morgannwg (CAMHS) over the last twelve months.

**3.2** The presentation attached at Appendix 1 includes as follows:

- Overview of CAMHS in Cwm Taf Morgannwg;
- New Investments
- Key Improvements – Early intervention
- Key Improvements – Waiting Time
- Key Improvements – Covid
- Key Improvements – CAHMS
- Future Vision and Plans

**3.3** The Service Manager for CAMHS Ms K Burton will be in attendance to deliver the report and respond to Members' questions along with Officer from Children's Services and Education.

# Cwm Taf Morgannwg CAMHS update

**March 2021**

# CAMHS in CTM

Single Point of Access (SPOA)

Primary CAMHS (PCAMHS)

Specialist CAMHS (SCAMHS)

Crisis Team (9am – 9pm, 7 days)

Community Intensive Therapy Team (CITT)

First Episode Psychosis (FEP)

Young People's Drug & Alcohol Service (YPDAS)

Clinical staff - Consultants, Speciality Doctors, Trainee Doctors, Psychologists, Therapists, Family Therapists, Nurses, Social Workers, Specialist Pharmacist, Dietician, Admin staff

# New investments

## **WG funding -**

Eating disorder service

Crisis and unscheduled care pathways

## **ICF funding -**

Emotional wellbeing service

# Key improvements – Early intervention

New management team in place

Renewed focus on joint working opportunities and building relationships with partner agencies

Building wellbeing and emotional wellbeing services – ICF posts and Kooth ([www.Kooth.com](http://www.Kooth.com))



# Key improvements - Waiting times

Demand reduced at the start of Covid and has rapidly increased since September, with further increases expected.

## PCAMHS

April 2019                    362 children & young people waiting

Longest wait 29 weeks

February 2021            51 children & young people waiting (reducing)

Average wait of 3 weeks

## SCAMHS

November 2020          326 children & young people waiting

February 2021            120 children & young people waiting (reducing)

Average wait of 3 weeks

# Key improvements - Covid

Maintained CAMH service throughout Covid

Ongoing provision of face to face Crisis services 7 days a week

Use of “Attend Anywhere” online service provision

Ensured face to face support in safe environments

Committed and caring workforce

# Key improvements - CAMHS

Service redesign to improve patient experience – right place, right time.

Single Point of Access – All referrals & consultation & advice with CAMHS professionals.

Staff moved into multi-disciplinary locality teams - (merging primary and secondary CAMHS)

Detailed demand & capacity work undertaken with modelling in place – significant reduction in waiting times

# Future vision and plans

Expected increase in demand due to Covid – numbers, acuity and changes to demographic (inc eating disorders)

Embedding new models and pathways

Need for rapid response & flexibility over next 12-24 months

Creating opportunities within the Health Board & with our partner agencies – CAMHS is not an island

“Nothing about us without us” – meaningful engagement with children & young people

# Any questions?

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